



WHAT TO PACK FOR A SKI WEEKEND

SKI EQUIPMENT

- ☐ Helmet
- ☐ Skis or Snowboard
- ☐ Ski Shoes
- ☐ Ski poles
- ☐ Snow or Ski Goggles

SKI CLOTHES

- ☐ Balaclavas and Neck Warmers
- ☐ Synthetic or Merino Wool Base Layers - Top
- ☐ Synthetic or Merino Wool Base Layers - Pants
- ☐ Fleece Mid Layer Jacket or Turtleneck
- ☐ Ski Pants
- ☐ Ski Jacket
- ☐ Ski Gloves/Mittens & Liners
- ☐ Merino Wool Socks
- ☐ Hand and Feet Warmers

APRES SKI CLOTHES

- ☐ Fleece leggings as a base layer
- ☐ Pants or jeans
- ☐ Jumpers or thick sweaters
- ☐ Thick Socks
- ☐ Beanie
- ☐ Underwear
- ☐ A Bathing suit for the hot tub
- ☐ Pajamas
- ☐ Slippers

ACCESSORIES & HYGIENE

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shampoo
- ☐ Luffa
- ☐ Soap & Shampoo
- ☐ Creams
- ☐ Sunscreen
- ☐ Menstrual tampons or pads for women
- ☐ Deodorant
- ☐ Lip Balm
- ☐ Prescription Medicine
- ☐ Sunglasses
- ☐ Phone Charger

